

ADHD SYMPTOM CHECKLIST

Check the rating which best describes the patient's condition.

RATING	CONDITION			
	None	Mild	Moderate	Severe
1. Difficulty Remaining Seated <i>Leave my seat in classroom or other setting in which seating is expected.</i>	0	1	2	3
2. FIDGETY: <i>Fidget with hands or feet or squirm in my seat.</i>	0	1	2	3
3. DIFFICULTY PLAYING QUIETLY <i>Have difficulty engaging in quiet activities that are not very stimulating or involve a lot of activity, (leisure activities or doing fun things quietly).</i>	0	1	2	3
4. TALK EXCESSIVELY <i>Talk excessively more than most people.</i>	0	1	2	3
5. SHIFTS ACTIVITIES <i>Do one thing and then jump to something else without finishing the first thing.</i>	0	1	2	3
6. DIFFICULTY SUSTAINING ATTENTION <i>Difficulty sustaining attention in tasks or fun activities (not including stimulating activities such as computer, TV or video games.)</i>	0	1	2	3
7. DIFFICULTY FOLLOWING INSTRUCTIONS <i>Not able to follow through on detailed instructions or directions with multiple steps and/or fail to finish my work.</i>	0	1	2	3
8. EASILY DISTRACTED <i>Easily distracted, almost anything can distract me from my work (a noise, or someone whispering in the back of the room, etc.).</i>	0	1	2	3
9. INTERRUPTS OR INTRUDES <i>Interrupts conversations or intrudes on others</i>	0	1	2	3
10. BLURTS OUT ANSWERS <i>Blurt out answers before questions have been completed or finishes other's sentences for them.</i>	0	1	2	3
11. DIFFICULTY WAITING TURN <i>Have difficulty awaiting turn or standing in line or very impatient.</i>	0	1	2	3
12. ACTS BEFORE THINKING <i>Get into trouble because of saying or doing things, or rushing into things without thinking about the consequences or what the result will be.</i>	0	1	2	3
13. LOSES THINGS <i>Lose or misplace important things necessary for tasks and activities (keys, files, papers, books, homework, coats, shoes, etc.)</i>	0	1	2	3
14. DOESN'T LISTEN <i>Not able to listen when spoken to directly (this is not an oppositional behavior in which I refuse to listen). Rather, it is more reflective of daydreaming or an inability to listen or to sustain my attention throughout the entire conversation).</i>	0	1	2	3
15. FAILS TO PAY CLOSE ATTENTION TO DETAILS <i>Fail to give close attention to details or make careless mistakes in my work.</i>	0	1	2	3
16. DIFFICULTIES ORGANIZING	0	1	2	3

<i>Having difficulties organizing tasks and activities (disorganization)</i>				
17. AVOIDANCE OR STRONG DISLIKE OF MENTAL TASKS	0	1	2	3
<i>Avoid, dislike, or am reluctant to engage in work that requires sustained mental effort.</i>				
18. OFTEN FORGETFUL	0	1	2	3
<i>Forgetful in daily activities, miss appointments, forget books or papers at school, forget to pick up the dry cleaning or to stop at the bank on the way home, etc.</i>				
19. OFTEN "ON THE GO" OR ACTS LIKE "DRIVEN BY A MOTOR"	0	1	2	3
<i>Feel like I am: "on the go" or "driven by a motor" (actual physical activity)</i>				
20. HYPERACTIVITY / RESTLESSNESS	0	1	2	3
<i>Feel restless (more related to feeling than action, uncomfortable or feeling the need to be doing something all the time)</i>				